

Advocacy

Crime Victims Advocacy Network (888)288-9221
Lewis County Advocate: (360)736-1800 ext.105
All crimes except domestic violence or sexual assault
www.cvan11.org

Human Response Network (360)748-6601
125 NW Chehalis Ave, Chehalis Español: (360)880-0515
Domestic violence and sexual assault advocacy, emergency shelter
services for women & children, support groups, protection orders
www.humanresponse.org

South Sound Parent Coalition (360)623-9022
Advocacy for individuals with intellectual/developmental
disabilities and their families.
Email: dotworkman@outlook.com

PAVE (253)565-2266
Special Education Advocacy.
www.wapave.org

RAP, Resident Action Project (206)442-9455 ext.203
A statewide network of people who have been affected by
housing injustice, providing advocacy, information on policies, &
resources.
www.residentactionproject.org

Youth Advocacy Center of Lewis County (360)623-1990
1911 Cooks Hill Rd, Centralia
Free services to child victims! Education & prevention, forensic
investigation & interviews, victim advocacy, information & referral.
www.yaclc.com

Child Care/Respite

Catholic Community Services (CCS) (360)345-1100
1570 N national Ave, Chehalis (800)642-8021
www.ccsww.org

Childcare Aware (253)383-1735
Connects families to quality child care in their area.
www.wa.childcareaware.org

Child Care Action Council
Supports early learning centers. Provides information and training opportunities.
www.ccacwa.org

Department of Early Learning (DEL) (360)725-4665
Child care licensing & monitoring.
www.del.wa.gov

Pope's Kids Place (360)736-9178
Childcare & respite center.
www.popeskidsplace.org

Children & Youth Services

Abuse/Assault (reporting child abuse) (866)363-4276

Boys & Girls Club of Chehalis (360)345-1700
2071 Jackson Hwy, Chehalis
After school programs, recreation, skill building.
www.bgcchehalis.org

Children & Youth Services Continued...

Centralia College Family Education Programs (360)736-9391
Strengthening Families, Love & Logic, Winning at Fatherhood,
Positive Parenting, Learning with Infants & Toddlers.

Centralia DCFS/Child Protective Service CPS (360)807-7080

Community Youth Services (CYS) (360)943-0780
CYS empowers youth who are at-risk & their families to meet their
goals for safety, stability, belonging & success by providing
individualized services & advocacy.
www.communityyouthservices.org

ECEAP (360)623-8950
Early Childhood Education & Assistance Program
State-funded preschool. Partial & full day classes available.

GRAVITY Learning Center (360)748-4441
151 NE Hampe Way, Suite c2-1, Chehalis
Helps students with GED preparation. Provides study/testing aid &
covers the cost of GED testing.

Growing Together Program (360)736-5906
415 S Rock St, Centralia Fax: (360)330-2222
Provides early intervention services to children birth up to age 3.
Serves Centralia/Chehalis school districts only.

In-Tot Developmental Center (360)736-4359
701 Allen Ave, Centralia Fax: (360)330-1663
Early Intervention Services, free developmental screenings,
pediatric speech/occupational/physical therapy, community
playgroup, baby clothing bank (NB-5T).

Lewis County Early Learning Coalition (360)623-8603

Children & Youth Services Continued...

Lewis County Foster Parent Association (360)440-1260
Support groups, resources, trainings, family events.

Lewis County Head Start (360)736-1696
Centers located in Centralia, Chehalis, Salkum, Toledo.

Lewis County Juvenile Court (360)740-1178

Love Inc. of Lewis County (360)748-8611
Provides families with resources to meet basic needs (diapers, gas/laundry/grocery vouchers, personal care items, furniture/bedding).
www.loveincoflewiscounty.org

Parent Help 123 (800)322-2588
Find resources, information about child development, pregnancy, & parenting.
www.parenthelp123.org

Pope's Kids Place (360)736-9147
230 Washington Way, Centralia
Preschool, pediatric dental care, respite services.
www.popeskidsplace.org

True North ESD 113 (360)464-6873
Provides prevention, intervention, treatment, & recovery support in an effort to help students be successful and complete their school experience.

WIC (Women, Infants, Children) (360)740-1255
360 NW North St, Chehalis

Children & Youth Services Continued...

Youth Advocacy Center of Lewis County (360)623-1990
1911 Cooks Hill Rd, Centralia
Free services to child victims! Education & prevention, forensic investigation & interviews, victim advocacy, information & referral.
www.yaclc.com

Clothing & Commodities

'Baby Bank' at InTot Developmental Center (360)736-4359
FREE gently used clothing NB-5T. By Appointment only.

Community Action Council (360)736-1800
409 N Tower Ave, Centralia
www.caclmt.org

Gather Church (360)827-0264
100 S Rock St, Centralia
Food bank, community café, & supplies.
www.gatherchurch.com

Housing Resource Center of Lewis County (360)736-5140
621 S Diamond St, Centralia
Bus passes, laundry vouchers, hygiene products, cleaning supplies.
www.lewiscsp.org

Love Inc. of Lewis County (360)748-8611
Provides families with resources to meet basic needs (diapers, gas/laundry/grocery vouchers, personal care, furniture/bedding) community resources.)
www.loveincoflewiscounty.org

Clothing & Commodities Continued...

Possibilities Pregnancy Center (360)330-2229
Provides parent education, baby clothes & supplies, pregnancy tests.
www.findmypossibilities.com

The Salvation Army (360)736-4339
303 N Gold St, Centralia
Clothing, supplies, hygiene center & laundry services.
www.centralia.salvationarmy.org

Dental

Access to Baby & Child Dentistry (360)539-7576 ext. 103
Oral health/nutrition education and help with accessing dental care for low-income families with young children.
www.crh.n.org

Affordable Dentures (253)475-9015
Full set of dentures starting at \$380.

Aspen Dental (360)414-1400
Dentures starting at \$399.

DECOD (206)543-4619
(Dental Education in the Care of Persons with Disabilities)
Provides dental care to persons with disabilities who have difficulty with dental exams and procedures.

Kid's Dental (360)736-5437
www.washingtonkidsdental.com

Dental Continued...

Pope's Kids Place Dental (360)736-5405
www.popeskidsplace.com

Valley View Dental (360)330-9595
www.vvhc.org

Developmental Disabilities

Abuse & Assault (Reporting) (866)363-4276

Arc of Washington State (360)357-5596
www.arcwa.org

Children with Special Health Care Needs (CSHCN)
www.cshcn.org

Developmental Disabilities Administration (DDA)
3451 Galvin Rd, Centralia (360)807-7151

Disability Rights Washington (DRW) (206)324-1521
www.diabilityrightswa.org

Developmental Disabilities Ombuds (833)727-8900
Provides information, investigates complaints, & monitors procedures.
www.ddombuds.org

Division of Vocational Rehabilitation (DVR) (360)807-7180
3401 Galvin Rd, Centralia Toll Free: (800)830-2791
Individualized employment counseling & services for persons with disabilities.

Developmental Disabilities Continued...

Fathers Network

(425)653-4286

Connecting fathers of children of all ages, who have special needs with each other & resources.

www.fathersnetwork.org

JUMP at Thorbeckes

(360)748-3744 ext. 2124

A weekly fitness class for individuals with differing abilities.

Informing Families Building Trust

Reliable information specific to Washington State.

www.informingfamilies.org

In-tot Developmental Center

(360)736-4359

701 Allen Ave, Centralia

Fax: (360)330-1663

Free Developmental screenings, parent support, birth-3 early intervention services, family resource coordination, & baby clothing bank.

Lewis County Autism Coalition

Monthly meetings, community education & outreach, family support programs, annual conference.

www.lcautism.org

Lewis County Parent to Parent & Family Support Network

(360)520-9299

Parent support programs, community outreach, resource referral, information & education, dx specific resources, lending library, family events, sibling support.

Developmental Disabilities Continued...

Lewis County Special Olympics (360)740-1814
Email: meja.handlen@lewiscountywa.gov

Lewis County Work Opportunities (360)748-9921
122 Sears Rd, Chehalis
Provides industrial job training, supported employment, job coaching & job development services.
www.lcworkop.org

MorningSide (360)807-2100
605 W Main St #4, Centralia
Provides supported employment, job placement & training.
www.morningsideservices.com

People First of Washington
Lewis County Chapter: (360)880-0672
Monthly meetings, self-advocacy, leadership, & community outreach.
www.peoplefirstofwashington.org

READi Lab, University of Wa (206)221-3595
Autism research & resources.
www.uwreadilab.com

Reliable Enterprises (360)736-9558
203 W Reynolds Ave, Centralia
Provides supported employment, job coaching, payee services, housing, & various programs & supports to individuals with disabilities.
www.reliableenterprises.org

Developmental Disabilities Continued...

SMART Team (360)736-6778

Autism screening and diagnosis.

Email: nyoung@nwpeds.com

SPARC (360)748-6789

Specialized Activities & Recreation in the Community

Provides a variety of inclusive activities & outings.

www.reliableenterprises.org/sparc/

South Sound Parent Coalition (360)623-9022

Advocacy for individuals with intellectual/developmental disabilities and their families.

Email: dotworkman@outlook.com

The Link (360)623-8596

Autism & Behavioral Health resources.

Email: thelinkcoordinator@outlook.com

Washington Autism Alliance & Advocacy

Insurance navigation & family education.

www.washingtonautismadvocacy.org

PAVE (253)565-2266

Special Education Advocacy.

www.wapave.org

Education

Centralia College (360)736-9391

600 Centralia College Blvd, Centralia

Centralia College East (360)496-5022

701 Airport Way, Morton

www.centraliacollge.edu

Education Continued...

GRAVITY Learning Center (360)748-4441
151 NE Hampe Way, Suite c2-1, Chehalis
Helps students with GED preparation. Provides study/testing aid & covers the cost of GED testing.

Transitional Education/Basic Skills (360)623-8925
Help earning high school diploma/GED, prepare for college & job training. 16 & older.

Employment

American Workforce Group, Inc. (360)200-4900
www.americanworkforcegroup.net

ASAP Business Solutions (360)996-4271
2048 NE Kresky Ave, Chehalis
www.asapbiz.com

Division of Vocational Rehabilitation (DVR) (360)807-7180
3401 Galvin Rd, Centralia Toll Free: (800)830-2791
Individualized employment counseling & services for persons with disabilities.

Express Personnel Services (360)330-9050
1126 S Gold St, Centralia
Centraliawa.expresspros.com

Labor Ready (360)807-8922
418 N Tower Ave, Centralia
www.laborready.com

Employment Continued...

Lewis County Work Opportunities (360)748-9921

122 Sears Rd, Chehalis

Provides industrial job training, supported employment, job coaching & job development services.

www.lcworkop.org

MorningSide (360)807-2100

605 W Main St #4, Centralia

Provides supported employment, job placement & training.

www.morningsideservices.com

Reliable Enterprises (360)736-9558

203 W Reynolds Ave, Centralia

Provides supported employment, job coaching, payee services, housing.

www.reliableenterprises.org

SL Start (360)355-2430

www.slstart.com

Total Employment & Management (360)740-8832

www.teamshome.com

Work Source Lewis County (360)748-2360

151 NE Hampe Way, Chehalis

www.wa.gov/esd/wa/lewis

YWCA (360)352-0593

Women's Economic Empowerment Program

Work-based learning experiences, skill-building workshops, certifications programs, & social support. Transportation from Mason, Lewis, Pacific, & Grays Harbor included.

Email: EEP@ywcaolympia.org

Food Assistance

Community Services Office, DSHS 151 NE Hampe Way, Chehalis Apply for food stamps, medical, child care. www.dshs.wa.gov	(877)501-2233
Gather Church 100 S Rock St, Centralia www.gatherchurch.com	(360)827-0264
Greater Chehalis Food Bank 750 SW 21 st www.greaterchehalisfoodbank.org	(360)748-1226
Jackson Prairie Church Food Bank	(360)262-9533
Lewis County Food Bank Coalition	(360)330-1519
Mineral Neighborhood Christian Center	(360)492-3491
Morton Food Bank Pastor's Pantry- Sacred Heart Church	(360)496-5456
Rochester Food Bank Rochester Organization of Families, ROOF 10140 Highway 12 SW, Rochester Serving Rochester residents only. www.roofcommunityservices.org	(360)273-6375
Pe Ell Food Bank Pe Ell, Doty, Dryad, Curtis.	(360)291-3434
Randle/White Pass	(360)497-7552

Food Assistance Continued...

The Salvation Army	(360)736-4339
Food bank is available to Centralia residents only. 303 N Gold St, Centralia	
SOMMA Food Bank	(360)985-7211
114 Wilcox Rd, Salkum Cinebar, Ethel, Mossyrock, Onalaska, Salkum, Silver Creek.	
Toledo	
Toledo City Hall, 130 N 2 nd St, Toledo	(360)978-6448
Toledo New Life Assembly, 420 Silver St, Toledo	(360)864-4366
Winlock/Vader Food Bank	(360)785-3909

Health Department

Birth, Marriage, Divorce, & Death Certificates	(360)740-1222
Communicable Disease	(360)740-1224
HIV/AIDS	(360)352-2375
Immunizations	(360)740-1226
Tuberculosis Program	(360)740-1223
WIC	(360)740-1255

Hospitals

Capital Medical Center 3900 Capital Mall Dr SW, Olympia www.capitalmedical.com	(360)754-5858
Harborview Medical Center 325 9 th Ave, Seattle www.uwmedicine.org/harborview	(206)744-3000
Mary Bridge Children's Hospital 317 Martin Luther King Jr. Way, Tacoma www.marybridge.org	(253)403-1400
Morton General Hospital 521 Adams Ave, Morton www.mortongeneral.org	(360)496-5112
Providence Centralia Hospital 914 S Scheuber Rd, Centralia http://washington.providence.org/hospitals/centralia-hospital/	(360)736-2803
Providence St.Peter Hospital 413 Lilly Rd NE, Olympia http://washington.providence.org/hospitals/st-peter/	(360)491-9480
Seattle Children's Hospital 4800 Sandy Point Way NE, Seattle www.seattlechildrens.org	(206)987-2000
Tacoma General Hospital 315 Martin Luther King Jr. Way, Tacoma www.multicare.org/tacoma-general-hospital/	(253)403-1000

Hotlines

211 Information Hotline	2-1-1
Alcohol & Drug 24 hr Help Line	(206)722-3700
Domestic Violence Hotline	(800)799-7233
Emergency Contraceptive Hotline	(888)668-2528
Family Planning Hotline	(800)770-4334
Hazardous Substance Hotline	(800)633-7585
Mental Health Crisis Hotline	(800)559-6696
Missing Children Clearinghouse	(800)843-5678
Poison Control Hotline	(800)222-1222
Provider One	(800)562-3022
Suicide Prevention Hotline	(800)273-8255
Washington Recovery Help Line	(866)789-1511
WA State HIV/AIDS Hotline	(800)272-2437
Youth Crisis Hotline	(877)345-8336

Housing & Emergency Shelter

American Red Cross	(360)748-4607
734 S Market Blvd, Chehalis	
Provides shelter only in the event of fire or natural disaster.	
www.redcross.org	
Chehalis Tribal Housing Authority	(360)273-7723
10 Petoie Dr, Oakville	
www.chehalistribe.org	
Community Action Council	(360)736-1800
409 N Tower Ave, Centralia	
Energy assistance, affordable housing, homeless prevention, emergency food assistance.	
www.caclmt.org	

Housing & Emergency Shelter Continued...

Housing Resource Center of Lewis County (360)736-5140

621 S Diamond St, Centralia

Emergency shelter, case management, homeless prevention, supplies.

www.lewiscsp.org

HUB City Mission (360)748-0119

Severe weather shelter located at Chehalis Fairgrounds, food assistance, and bicycle repair shop.

Email: hubcitymission@bethel-church.com

HUD Housing (Section 8) (360)423-0140

Human Response Network (360)748-6601

125 NW Chehalis Ave, Chehalis Español: (360)880-0515

Domestic violence and sexual assault advocacy, emergency shelter services for women & children, support groups, protection orders.

www.humanresponse.org

Lewis County Homeless & Housing Program (360)740-1434

Longview Housing Authority (360)423-0140

HUD/Section 8 Housing, rental assistance, landlord/tenant info.

Serving Lewis, Cowlitz, Pacific, & Wahkiakum County.

www.longviewha.org

Reliable Enterprises (360)736-9558

203 W Reynolds Ave, Centralia

Housing for low income families, individuals at risk for homelessness.

www.reliableenterprises.org

Housing & Emergency Shelter Continued...

Safe Family Ministries

(360)740-9150

Transitional housing for women & children.

The Salvation Army

(360)736-4339

Shelter referrals, food assistance, & case management.

White Pass Community Services Coalition

(360)496-5404

Limited housing assistance for residents residing from Onalaska to Packwood.

Legal

Community Action Council Crime Victims Advocacy

www.caclmt.org

(360)736-1800

Columbia Legal Services

<http://columbialegal.org>

(800)260-6260

Community Mediation Center of Lewis County

(360)748-0492

Crime Victims Advocacy Network

(888)288-9221

24 hour hotline. For those who have been hurt or harmed by crime.

www.cvan11.org

Disability Rights Washington (DRW)

(206)324-1521

www.diabilityrightswa.org

Equal Justice Coalition

(888)201-1014

Legal Continued...

Legal Foundation of Washington (206)624-2536

Lewis County Bar Legal Aid (360)748-0430

Sliding scale fee. Fax: (360)748-7715

19 SW Cascade Ave, Chehalis

Lewis County Courthouse (360)748-9121

351 NW North St, Chehalis

Northwest Justice Project (CLEAR)

Coordinated Legal Education, Advice, and Referral

Low-income (888)201-1014

Senior (60+) (888)387-7111

www.nwjustice.org

Victim/Witness Notification Program (800)422-1536

Washington LawHelp

Free Legal Help.

www.washingtonlawhelp.org

Libraries

Timberland Regional library

Internet, community resources & information, events.

Centralia

110 S. Silver St, Centralia (360)736-0183

Chehalis

400 N. Market Blvd, Chehalis (360)748-3301

Oakville

204 E. Main Ln, Oakville (360)273-5305

Libraries Continued...

Packwood

109 W. Main St, Packwood (360)494-5111

Randle

210 Silverbrook Rd, Randle (360)497-2665

Salkum

2480 U.S. Highway 12, Salkum (360)985-2148

Tenino

172 Central Ave W, Tenino (360)264-2369

Winlock

322 NE 1st St, Winlock (360)785-3461

Local Government

Lewis County Assessor	(360)740-1392
Lewis County Auditor	(360)740-1156
Lewis County Clerk	(360)740-2704
Lewis County Commissioners	(360)740-1120
Lewis County Coroner	(360)740-1376
Lewis County District Court	(360)740-1203
Lewis County Prosecutor	(360)740-1240
Lewis County Sheriff	(360)748-9286
Lewis County Superior Court	(360)740-1333
Lewis County Treasurer	(360)740-1115

Medical/Health Care

Assured Home Health & Hospice (360)330-2640

Chehalis Family Medicine-Providence (360)767-6300

931 S Market Blvd, Chehalis

Health Care Authority

www.hca.wa.gov

Medical/Health Care Continued...

Health & Hope Medical Outreach 1911 Cooks Hill Rd, Centralia Free Medical Clinic for all ages. www.hhmo.org	(360)623-1485
Mary's Corner Medical Clinic 4254 Jackson Hwy, Chehalis	(360)262-3966
Providence Sound Home Care & Hospice	(800)869-7042
Randle Medical Clinic 108 Kindle Rd, Randle	(360)497-3333
Steck Medical 1299 Bishop Rd, Chehalis	(360)748-9822
Valley View 1800 Cooks Hill Rd, Suite G, Centralia (walk-in) 2428 W Reynolds Ave, Centralia 2690 NE Kresky Ave, Chehalis (medical/dental) 1810 Highway 508, Onalaska 402 N Main St, Pe Ell 117 Ramsey Way, Toledo 100 Cedar Crest Dr, Winlock	(360)736-3042 (360)669-0335 (360)330-9595 (360)978-6600 (360)291-3232 (360)864-4400 (360)785-9400
Washington Health Plan Finder www.wahealthplanfinder.org	(855)923-4633 TTY (855)627-9604

Medical/Health Care Continued...

Pediatricians

Chehalis Children's Clinic (360)748-6693
370 S Market Blvd, Chehalis Fax: (360)748-3619
www.cceckids370.com

Mary Bridge Children's Urgent Care (253)252-3845
3504 12th Ave NE, Olympia

Northwest Pediatric Center (360)736-6778
1911 Cooks Hill Rd, Centralia Fax: (360)736-6552
193 S Market Blvd, Chehalis
18313 Paulson St SW, Rochester
www.nwpeds.org

Providence Pediatric After Hours Clinic (360)330-8526
Located at the Outpatient Surgical Center at Centralia Hospital.

Valley View Pediatric Clinic (360)388-3259
220 Washington Way, Centralia

Mental Health & Counseling

Alliance Family Counseling (360)740-5977
135 NW Prindle St, Chehalis

Cascade Mental Health
2428 Reynolds Ave, Centralia (360)330-9044
135 W Main St, Chehalis (360)748-6696
www.cascadementalhealth.org

Mental Health & Counseling Continued...

- CORE Health** (360)807-4929
Behavior health & counseling services for children & adults.
- Evergreen Psychological Associates** (360)623-1018
201 N Rock St, Centralia
- Linda Dennis, LICSW** (360)704-0527
1000 Kresky Ave, Suite 6, Centralia
Accepts many types of insurance. Evening and Saturday appointments.
- Northwest Family Therapy** (360)996-4503
2541 NE Kresky Ave, Chehalis
- Phillip Williams, MA, LMHC (Steck Medical Group)**
1299 Bishop Rd, Chehalis (360)748-0211
- Phoenix Therapeutic** (360)827-1666
1673 S Market Blvd, Chehalis
www.phoenixtherapeutic.net
- Sandy Zion** (360)520-2253
2451 NE Kresky Ave, Chehalis
Provides counseling services to adults & children under the age of 12.
- Shereen Bennight Counseling** (253)988-5347
409 S Market Blvd, Suite 6, Chehalis
Offers a sliding fee based on income.

Mental Health & Counseling Continued...

Sherri L. Hamilton, MA, LMHC (Breath of Life Inc.)

625 S Diamond St, Centralia

(360)807-8476

Accepts many types of insurance.

Truman & Associates

(360)740-6264

34 NE Boistfort St, Chehalis

Valley View Health Center- Behavioral Health (360)330-9595

2690 NE Kresky Ave, Chehalis

Words of Hope Counseling (Sandra Ames, MA, LMHC)

540 W River Rd, Centralia

(360)269-1780

www.sandraames.com

Non-Emergency Lines

If you have an emergency, Call 911

Centralia Fire Department	(360)736-3975
Centralia Police Department	(360)330-7680
Chehalis Fire Department	(360)748-3394
Chehalis Police Department	(360)748-8605
Chehalis Tribal Law Enforcement	(360)273-7051
FBI	(800)225-5324
Grays Harbor County Sheriff	(360)249-3711
Lewis County Central Dispatch (E911)	(360)740-1105
Lewis County Sheriff	(360)748-9286
Morton Fire Department	(360)496-5183
Morton Police	(360)496-6636
Mossyrock Fire Department	(360)983-3456

Non-Emergency Lines Continued...

Mossyrock Police	(360)983-8115
Napavine Police	(360)262-9888
Newaukum Fire District	(360)262-3320
Oakville Police & Fire Department	(360)273-5408
Onalaska Fire Department	(360)978-4182
Packwood Fire Department	(360)494-4123
Pe Ell Fire Department	(360)291-3542
Randle Fire Department	(360)497-7745
Rochester Fire Department	(360)273-5582
Salkum Fire department	(360)985-2345
Toledo Fire Department	(360)864-2366
Toledo Police	(360)864-6041
Vader Fire Department	(360)295-0906
Vader Police	(360)295-3109
Washington State Patrol (Chehalis office)	(360)748-6633
Winlock Fire Department	(360)291-2906
Winlock Police	(360)785-3891

Pets

Almost Home Coalition	(360)508-0151
No-kill shelter, low cost spay/neuter, & owner education.	
Animal Abuse, Neglect or Cruelty	(360)748-9286
The Cat's Meow (SNAP)	(360)623-0820
Spay, Neuter, & Adoption Project	
www.catsmeowsnap.org	
Concerns for Animals	(360)456-8176
Spay/neuter, pet food bank, financial assistance for vet care, adoption & rescue.	
www.concernforanimals.org	

Pets Continued...

Lewis County Animal Shelter (360)740-1290
560 Centralia-Alpha Rd, Chehalis

Pet Connection (360)748-6236
Low cost spay/neuter services for Lewis County residents.

Valhalla Rescue (360)523-4059
www.valhallarescue.org

Pregnancy

Centralia Women's Center (360)330-8950
1000 S Scheuber Rd, Centralia
OB/GYN services, maternity support, infertility services, well women visits.

Emergency Contraceptive Hotline (888)668-2528

Family Planning Hotline (800)770-4334
Provides birth control, family planning services & resources for Medicaid eligible individuals.

Planned Parenthood (360)330-2899
Pregnancy tests, STD screening, exams, & birth control.
1020 W Main St, Centralia
www.plannedparenthood.org

Possibilities Pregnancy Center (360)330-2229
1017 W Main St, Centralia
Pregnancy tests, STD screening, resources & information.
www.findmypossibilities.org

School Districts

Adna School District 179 Dieckman Rd, Chehalis	(360)748-0362
Boistfort School District 983 Boistfort Rd, Curtis	(360)245-3343
Centralia School District 2320 Borst Ave, Centralia	(360)330-7600
Chehalis School District 310 SW 16 th St, Chehalis	(360)807-7200
Evaline School District 111 Schoolhouse Rd, Winlock	(360)785-3460
Morton School District 152 Westlake Ave, Morton	(360)496-5300
Mossyrock School District 545 Williams St, Mossyrock	(360)983-3181
Napavine School District 403 E Park St, Napavine	(360)262-3303
Onalaska School District 540 Carlisle Ave, Onalaska	(360)978-4111
Pe Ell School District 519 N 2 nd St, Pe Ell	(360)291-3244
Toledo School District 116 Ramsey Way, Toledo	(360)864-6325

School Districts Continued...

Winlock School District (360)785-3582
311 NW Fir St, Winlock

White Pass School District (360)497-3791
516 Silverbrook Rd, Randle

Special Education

Centralia Student Support (360)827-6385
2320 Borst Ave, Centralia Fax: (360)736-1219

Chehalis Student Support (360)807-7245
1861 S Market St, Chehalis

Lewis County Special Education Co-op (360)748-3384
179 Dieckman Rd, Chehalis Fax: (360)748-8360

Senior Services

Adult Protective Services (877)734-6277

Aging & Long-Term Support Administration (AL TSA)
www.dshs.wa.gov/altsa

Area Agency on Aging (360)748-2288
1651 S Market Blvd, Chehalis, WA 98532 (888)702-4464
Resources for seniors, adults with disabilities & their care-givers.
www.lmtaaa.org

Senior Services Continued...

Catholic Community Services (360)345-1100

Provides home care, delivered meals, senior transportation, & volunteer services.

www.ccsww.org

Help at Home (360)736-9300

Provides non-medical, in home care.

Korean Women's Association (360)736-4310

Non-profit that provides community supports & services.

www.kwacares.org

Lewis County Seniors (360)740-2648

www.lewiscountyseniors.org

Medicare Hotline (800)633-4227

Senior Community Service Employment Program (SCSEP)

www.doleta.gov/seniors

Senior Information & Assistance (360)748-2288

Senior Transportation (Catholic Community Services)

Must be 60 or older. Primarily medical transport. (360)748-0161

Twin City Senior Center

Morton: (360)496-3230

Packwood: (360)494-6331

Toledo: (360)864-2112

Substance Abuse

12 Steps Club of Lewis County 2100 N National Ave, Chehalis	(360)748-6818
Alcoholics Anonymous	(360)807-0902
Alcohol & Drug 24/7 Help Line www.adhl.org	(206)722-3700
American Behavioral Health System, Inc. 500 SE Washington Ave, Chehalis 1723 Kresky Ave, Centralia (Outpatient) 505 SE Adams Ave, Chehalis (Secured Detox)	(360)748-4776 (360)559-6021
Cascade Mental Health Care 2428 Reynolds Ave, Centralia 135 W. Main St, Chehalis	(360)330-9044 (360)748-4339
Celebrate Recovery, Grace Foursquare Church	(360)736-0778
Fresh Start 1752 State Hwy 508, Onalaska	(360)978-4186
Eugenia Center 121 NW Chehalis Ave, Chehalis 230 E. State St, Mossyrock www.eugeniacenter.org	(360)740-9767 (360)983-3227
Inner Peace Counseling 118 N Market Blvd, Chehalis	(360)748-7286

Substance Abuse Continued...

New Directions Counseling, LLC (360)740-4380
1956 Kresky Ave, Chehalis

Recovery Care Unit at Providence Centralia (360)827-7200
914 S Scheuber Rd, Centralia
Offers detox services to individuals with severe, unstable withdrawal from alcohol, benzos or opioids.

True North (360)748-2274
Substance abuse treatment for adolescents.

Support Groups

Alzheimer's Support Group (206)529-3883
American Cancer Society (800)227-2345
Cascade Mental Health (360)330-9044
Child Loss (360)330-8717
Divorce Support (360)748-8628
Human Response Network (360)748-6601
National Alliance on Mental Health (360)880-8070
Parent to Parent (special needs parents) (360)520-9299
Parkinson's Support Group (360)520-4889
Suicide Support Group (360)703-7500
Washington Brain Injury Alliance (877)824-1766

Transportation

Amtrak 1(800)872-7245
Centralia Train Station (CTL) (360)736-8653
210 Railroad Ave, Centralia
www.amtrak.com

Transportation Continued...

Auto-Care Ministry, Centralia Church of the Nazarene

1119 W First St, Centralia

(360)736-9981

Provides minor vehicle repair and maintenance to church and community members who are single moms/widows/financially strapped. Provides LABOR ONLY.

www.centraliachurch.com/#/home/auto-care

Cowlitz Indian Tribe Transit Services

(360)232-8585

Dial a Ride service in rural areas between South Lewis and Cowlitz Counties. Serving Tribal Members and general public with service up to 20 miles from the I-5 Corridor.

Glenoma Medical Transport (GMT)

(360)498-5508

Grays Harbor Transit

1(800)562-9730 ext. 2

LEWIS Mountain Highway Transit

(360)496-5404

A general public, fixed route transportation service that provides access to communities between Packwood and Centralia/Chehalis.

Love Inc. of Lewis County

(360)748-8611

Transportation to medical appointments.

ParaTransit (Medical Transit)

1(800)846-5438

Fax: (360)377-1528

Rural & Tribal Transportation (R/T)

1(800)650-7846

Twin Transit

(360)330-2072

A general public, fixed route transportation service that provides service in Centralia & Chehalis.

Utility & Telephone Assistance

Affordable Internet from Comcast (855)846-8376
Internet at home for just \$9.95 per month.

Assurance Wireless (888)898-4888
Free cell service for low income individuals.
www.assurancewireless.com

Community Action Council (360)736-1800
409 N Tower Ave, Centralia
Energy assistance.
www.caclmt.org

Lifeline Program
A federal program that lowers the cost of telephone and internet for eligible customers.
www.lifelinesupport.org

Love Inc. of Lewis County (360)748-8611
Limited utility & rental assistance.
www.loveincoflewiscounty.org

SafeLink Wireless (800)723-3546
www.safelink.com

The Salvation Army (360)736-4339
303 N Gold St, Centralia
Limited utility assistance.
www.centralia.salvationarmy.org

Veterans

The American Legion Department of Washington

Centralia

Post 17: 111 ½ W Main St. Centralia (360)736-3755

Chehalis

Post 22: 555 N. Market Blvd, Chehalis (360)740-7889

Mineral

Post 171: P.O. Box 50, Mineral (360)492-3000

Morton

Post 215: P.O. Box 841, Morton (360)497-0537

Onalaska

Post 508: P.O. Box 819, Onalaska (360)864-4296

Winlock

Post 101: P.O. Box 160, Winlock (360)295-3626

Disabled American Veterans (DAV) Lewis County #29

575 Nevil Rd, Winlock (360)262-9360

Lewis County Veterans' Relief Fund (360)740-1417

351 NW North St, Chehalis (360)740-1223

The fund is designed to help eligible veterans and families needing emergency help for: food, gas, rent, utilities, and funerals.

Marine Corps League Detachment 1119-Lewis County

(360)339-3446

National call Center for Homeless Veterans (877)424-3838

For veterans who are homeless or at risk for becoming homeless.

Provides free 24/7 access to trained counselors.

www.va.gov/homeless/nationalcallcenter.asp

Veterans Continued...

South Sound Community-Based Outpatient Clinic

151 NE Hampe Way, Suite B2-6, Chehalis (360)748-3049

www.pugetsound.va.gov/visitors/southsound.asp

Veterans of Foreign Wars (VFW)

Post 2200- Centralia (360)736-6852

Post 3409- Winlock (360)785-0660

VIP Veteran Supportive Housing (360)423-0140

(Veteran Integration Program)

Assists homeless and imminently homeless veterans and their families become residentially stable and self-sufficient.

Vision

Eye Glasses, Elks Club Auxiliary (360)669-0158

For children and adults.

InfantSee

Free vision assessment for 12 months and younger. Use the website to find a local provider.

www.infantsee.com

Vision USA (800)365-2219 ext. 4200

Provides free eye exams to low-income uninsured individuals.

